

# Four-in-One Quilt

Sample Size: ~46½" x 53"

Kelly Ashton / Kellyquilter Designs

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## SUPPLIES LIST:

**Sewing Machine:** clean, oiled, and ready to sew  
-patchwork presser foot **without** guide / flange,  
power cord, foot pedal, bobbins, etc.

**Thread:** 50 or 60 wt machine-piecing thread, neutral color

**MAGIC Premium Quilting / Crafting Spray**  
(or Mary Ellen's Best Press) - for fabric prep (pg.2)

**Rotary Cutter:** 28mm recommended

**Cutting Mat for class:** a cutting mat to cut WOF strips  
(before class AND bring to class PLUS a small mat, at least  
12" x 12" (preferably on a rotating base), if you have one

**Ruler:** Your favorite ruler for cutting WOF strips **before** class (see pre-workshop preparation on pg. 2) and during class.

**Notions:** pins, seam ripper (just in case), seam roller (optional, yet helpful; Violet Craft Seam Roller is my favorite), Klutz glove (optional, yet helpful)

**Kellyquilter Project Set of Acrylic Templates:** The project set includes four acrylic templates (H4, W4, HET4, and HET8) plus anti-skid material. The project set is mandatory for each participant. The price of the set (four templates plus anti-skid material) is \$25, tax included (more than 20% off the retail price of the set). This set will be purchased from Kelly at the workshop (cash or credit / debit cards, please; no checks. Thank you.)

<b>Fabric Requirements</b> <i>You need bring only the background and block fabrics to class.</i>	
<b>Background / Negative-Space Fabric</b> (including neg space in blocks)	2⅝ yards
<b>Block Fabrics</b> (must contrast with negative space fabric)	2-3 fat quarters + 4-6 large scraps (at least 10" x 10") OR 4-6 fat quarters for workshop. <b>You may add other fabrics later to complete your project, if you wish.</b>
<b>Backing</b>	3 yards (horizontal seam) <b>or</b> a piece of wide backing fabric at least 54" x 60"
<b>Batting</b>	Throw size (60" x 60")
<b>Binding</b>	½ yard

# PRE-WORKSHOP INSTRUCTIONS:

## FABRIC PREPARATION (before cutting strips):

Prepare all of your fabrics (including border, backing, and binding) by generously (quite damp; not dripping wet) spritzing them with ***Magic Premium Quilting / Crafting Spray*** (or Mary Ellen's Best Press). Then, press the spritzed fabric until dry with a dry iron on cotton setting. (FYI: for this process, I cover my pressing surface with bleached muslin - see #3 below.) This process adds body and mild stiffness to the fabric. If preparing several fabrics at once, you can spritz the fabrics, iron them briefly, then hang them to dry completely. Once dry, press out the wrinkles using a steam iron on cotton setting.

This fabric preparation process achieves three objectives:

1. By adding body / mild stiffness, the fabric is stabilized in preparation for cutting and piecing patchwork that have several bias edges;
2. By adding moisture then heat to the fabric fibers, the fabric has been pre-shrunk every bit as much as if it had gone through the washer and dryer;
3. By covering the pressing surface with bleached muslin, any dye migration that has occurred from adding moisture to the fabric being prepared is apparent. If dye migration occurs, that piece of fabric can be set aside to later determine how best to treat it and whether or not it will be used in the current project.

## PRE-WORKSHOP CUTTING:

### ***Block Fabrics***

**Bring the block fabrics (must contrast with background / negative space fabric) - these fabrics will be cut in class**

### ***Background / Negative Space fabric***

**Prior to the workshop, please cut the following:**

**-Cut five strips, 4" x width of fabric (WOF)**

**-Cut two strips, 7½" x WOF**

You will have background fabric remaining that will be cut later to complete your Four-in-One quilt top; the above strips will give you a good start in class.

**Please bring the Block Fabrics, the cut strips from the Background / Negative Space fabric, AND the *remaining* Background / Negative Space fabric to the workshop.**

I'm looking forward to our workshop time together!

***Kelly***